

Course Title: Business Principles for Successful Extremity Practice (1 CE)

Date: September 13th, 2025

Venue: TLC (Princeton, NJ)

Instructor: Dr. Mitch Mally, Chiropractic Physician & International Speaker

Course Objective: Learn epidemiology and statistics evincing WHY extremities play an integral role in the practice of Chiropractic. An emphasis is placed on the hidden secrets revealed during a thorough history intake, clinical examination, radiology and demonstrations of Dr. Mally's Hands-On extremity adjusting techniques.

Statement of Purpose: Extremity injuries from amateur to professional and world class athletes account for a tremendous battlefield for practitioners and a field of agony for the patient, both financially and physically. This class arms the doctor with evidence based science and research to be better equipped with various drugless and non-surgical treatment options afforded the patient.

Overview of Course: This course enhances a better understanding of the business of adding extremities to the chiropractic practice presented with alternative treatment options in comparison to unnecessary surgical procedures that cost patients untold pain and suffering. Exposure to extremity knowledge and expertise can reduce the chronicity of erroneous results often requiring additional care including more costly physiotherapy and rehabilitation. Patients in a community search far and wide for Chiropractors trained in extremity practices.

Course Outline: * *Note: presentation is multimedia with ppt presentations, video, and live demonstrations*

2:00-2:20pm **Introduction (20mins)**

Epidemiology

Review of NIH facts

2:20-2:50pm **Case Studies Q&A (30mins)**

Live technique demonstrations

NOTE: The times listed above are subject to change predicated on the requirements of the course facilitator as well as CE requirements. Any edits must be shared with instructor, prior to event for consistency and continuity.

Course Title: *“SLAP” is More Than a Hockey Shot – The Secrets of Scapula Dynamics in Shoulder Conditions, Injuries & Syndromes (3 CEs)*

Date: September 13th, 2025

Venue: TLC (Princeton, NJ)

Instructor: Dr. Mitch Mally, Chiropractic Physician & International Speaker

Course Objective: Learn normal vs abnormal anatomy, biomechanics and physics of various common shoulder injuries including Rotator Cuff Tears, Impingement Syndrome, Frozen Shoulder, etc. An emphasis is placed on history intake, clinical examination, radiology and demonstrations of Dr. Mally’s Hands-On extremity adjusting techniques.

Statement of Purpose: Shoulder injuries account for a tremendous battlefield for practitioners and a field of agony for the patient, both financially and physically. This class arms the doctor with evidence based science and research to be better equipped with various drugless and non-surgical treatment options afforded the patient.

Overview of Course: This course enhances a better understanding of presented treatment options in comparison to unnecessary surgical procedures that costs patients untold pain and suffering. Exposure to said procedures can reduce the chronicity of erroneous results often requiring additional care including more costly physiotherapy and rehabilitation.

Course Outline: ** Note: presentation is multimedia with ppt presentations, video, and live demonstrations*

10:00-10:20am Basic Sciences (20mins)

Introduction

Epidemiology

Review of research of shoulder anatomy

10:20-10:50am Clinical Sciences (30mins)

Biomechanics

Normal vs abnormal arthrokinematics of shoulder

Pathomechanics of various shoulder injuries

11:00-11:50am Examination Procedures (1hour)

Palpation of shoulder

Range of Motion/Xray

Orthopedic/Neurological

Diagnoses

1:00-1:50am Adjustive Technique (1hour 10mins)

Demonstration & Case Studies

Live technique demonstrations

NOTE: *times listed above are subject to change predicated on the requirements of the course facilitator as well as CE requirements. Any edits must be shared with instructor, prior to event for consistency and continuity.*